



Homemade Ice Cream Activity
HENRY VILAS ZOO

Our polar bears, Berit and Nuniq, love their ice treats. You can make your own ice cream treat with just a few simple ingredients and some shaking!

What you need:

- Milk - 1 cup
- Sugar - 1 and 1/2 tablespoons
- Vanilla - 1/2 teaspoon
- Ice
- Salt - 1/2 cup
- Ziploc bags (one quart and one gallon size)

Directions:

Add milk, sugar, and vanilla to a quart sized bag. Close tightly. Add ice to the gallon sized bag until it is half full, then add salt and mix together. Place the smaller bag inside the larger bag and close tightly. Now the fun part! Shake it up! Shake the bag for at least 5 minutes. You can toss the bag back and forth between friends, or just take turns shaking as hard as you can. You might want to wear winter gloves to protect your hands - it will be cold!

Remove the smaller bag, you should see the liquid inside has hardened and is looking like ice cream! Scoop it into a bowl and enjoy!



Concepts:

- Connection - animals have favorite foods, like you and I
- Fine motor skills- measuring, pouring
- Active - shaking!

What to say:

- Why do polar bears like ice treats?
- What's your favorite kind of ice cream?
- Do you think the polar bears would eat ice cream?
- What would their favorite flavor be?

